



# THE DOWNLEY SCHOOL

*"Learning, Growing and Succeeding Together"*

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Headteacher: Ms F Taylor



Tuesday, 15<sup>th</sup> September 2020

Dear Parents/Carers,

Now that all of the children are back in school and have settled well, the Y6 teachers have decided that it is the appropriate time to teach 'Puberty' to the children.

Puberty is a statutory part of their education, and under normal circumstances, is usually taught at the end of Y5. As it is statutory, all children are expected to learn about this vital part of the curriculum.

The materials are available to view on the Y6 page of the school website under the heading PSHE, Medway Year 5. We advise that you spend some time reading the documents that have been uploaded so that you familiarise yourselves with what is being taught to the children.

Y6 teachers intend to start teaching 'Puberty' in the week commencing 21<sup>st</sup> September. There are four lessons altogether which are as follows:

1. Time to change
2. Menstruation and wet dreams
3. Personal hygiene
4. Emotions and feelings

It is expected that all lessons will be taught by half term.

We would be grateful if you could support your child by talking to them at home about what they have learnt. If you would like to discuss any part of the materials, please do not hesitate to contact your child's class teacher in the first instance.

Kind regards,  
Mrs Bojarski and Ms Taylor  
Interim AST      Headteacher  
PSHE Lead

