

PSHE at THE DOWNLEY SCHOOL
RELATIONSHIPS EDUCATION
TOPIC 1 – FAMILIES AND FRIENDSHIPS
Year 3 – Autumn

What I will learn in this topic: What makes a family; features of family life PoS Refs: R1, R6, R7, R8, R9

RESOURCES



Free-Circle-Time-Book (1).pdf



LESSON - KS2 Home learning - Our Special

<https://www.coramlifeeducation.org.uk/adoptables/>

VOCABULARY	DEFINITION
relationship	words in a language
feature	a distinctive attribute/aspect
positive	constructive/desirable
healthy	in good physical/mental condition
caring	showing kindness or concern for others
relationships	a way in which show regard for each other
special	better or greater than usual
commitment	dedicated to a cause
different	not the same
structure	arrangement

REFLECTIVE QUESTIONS

Can you explain what a positive family life is?

What does it mean to have a positive caring relationship?

CIRCLE TIME GAMES

LOC

CLASS CHARTER

Picture of a scroll/Worry Box

Lesson 1

L.O. I can recognise and respect that there are different types of families, including single parents, same-sex parents, step-parents, blended families, foster and adoptive parents

R1 to recognise that there are different types of relationships (e.g. friendships, family relationships, romantic relationships, online relationships)

R7. to recognise and respect that there are different types of family structure (including single parents, same-sex parents, step-parents, blended families, foster parents)

Lesson 2

L.O I understand that being part of a family provides support, stability and love

R8. to recognise other shared characteristics of healthy family life, including commitment, care, spending time together; being there for each other in times of difficulty

Lesson 3

L.O. I know about the positive aspects of being part of a family, such as spending time together and caring for each other

R6. that a feature of positive family life is caring relationships; about the different ways in which people care for one another

Lesson 4

I know about the different ways that people can care for each other e.g. giving encouragement or support in times of difficulty

Lesson 5

I can identify if/when something in a family might make someone upset or worried

Lesson 6

I know what to do and whom to tell if family relationships are making them feel unhappy or unsafe

R9. how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice



Resource 1 -
Friends and family s



Resource 2 - Zone
of relevance.docx



Resource 3 - Friend
and family scenarios



PSHE
RELATIONSHIPS EDUCATION
TOPIC 2 – SAFE RELATIONSHIPS
Year 3 – Autumn

What I will learn in this topic: Personal boundaries; safely responding to others; the impact of hurtful behaviour PoS Refs: R19, R22, R24, R30

RESOURCES

NSPCC – Share Aware/Think you know

<https://learning.nspcc.org.uk/research-resources/schools/share-aware-teaching>

<https://www.thinkuknow.co.uk/professionals/resources/play-like-share/>

Keeping children safe from online abuse

<https://www.pshe-association.org.uk/curriculum-and-resources/resources/jessie-friends>

<https://www.1decision.co.uk/>

https://youtu.be/wbpQ6i95k6i?list=PLcvEcsF_9ziGMiridqGjN7y-ld_wj2Q5

NSPCC The Underwear Rule resources (PANTS) – recap from Y2

NSPCC PANTOSAURUS SONG AND ANIMATION

https://youtu.be/wbpQ6i95k6i?list=PLcvEcsF_9ziGMiridqGjN7y-ld_wj2Q5

<https://learning.nspcc.org.uk/media/1387/underwear-rule-resources-lesson-plan.pdf>

Afl

PANTS - What does this stand for?

VOCABULARY	DEFINITION
privacy	not seen or disturbed by other people
appropriate	suitable or proper
personal	affecting an particular person/individual
boundaries	rules or limits
bullying	seek to harm

CIRCLE TIME GAMES



Free-Circle-Time-Book (1).pdf

LOC

CLASS CHARTER

REFLECTIVE QUESTIONS

What are private and personal boundaries?

Can I recognise bullying online?

Who should I talk to if I feel I am being bullied?

Lesson 1

L.O. I understand what is appropriate to share with friends, classmates, family and wider social groups including online
R24. how to respond safely and appropriately to adults they may encounter (in all contexts including online) whom they do not know

Lesson 2

L.O. I know what privacy and personal boundaries are, including online
R 22 about privacy and personal boundaries; what is appropriate in friendships and wider relationships (including online);

Lesson 3

L.O. I understand basic strategies to help keep myself safe online e.g. passwords, using trusted sites and adult supervision

Lesson 4

L.O. I know that bullying and hurtful behaviour is unacceptable in any situation
R.30 about personal behaviour can affect other people; to recognise and model respectful behaviour online

Lesson 5

L.O. I know about the effects and consequences of bullying for the people involved
R19 about the impact of bullying, including offline and online, and the consequences of hurtful behaviour

Lesson 6

L.O.I know about bullying online, and the similarities and differences to face-to-face bullying

Lesson 7

L.O. I what to do and whom to tell if they see or experience bullying or hurtful behaviour

PSHE
 RELATIONSHIPS EDUCATION
 TOPIC 3 – RESPECTING OURSELVES AND OTHERS
 Year 2 – Autumn

What will I learn in this topic: Recognising respectful behaviour; the importance of self-respect; courtesy and being polite PoS Refs: R30, R31

RESOURCES

<https://www.1decision.co.uk/resources/free-trial-5-to-8-year-olds>

<https://www.pshe-association.org.uk/curriculum-and-resources/resources/inclusion-belonging-addressing-extremism---ks1-2>

AfL

Demonstrate 3 ways to show how you can work and play cooperatively with others.



VOCABULARY	DEFINITION
appropriate	
differences	
similarities	
cooperatively	
acceptable	
unacceptable	

REFLECTIVE QUESTIONS

Do I know how to recognise differences in people?
 Am I able to work and play cooperatively with others?

VOCABULARY	DEFINITION
kindness	helpful, generous
honesty	truthful
listen	to give attention to
friend	a person with whom one has mutual affection for
caring	showing kindness or concern for others
relationships	a way in which show regard for each other
special	better or greater than usual
respect	looking up to someone
resolve	settle or find a solution
argument	disagreement
positive	optimistic, confident

Lesson 1

L.O I can recognise things I have in common with my friends, classmates, and other people

R24. how to respond safely and appropriately to adults they may encounter (in all contexts including online) whom they do not know

Lesson 2

L.O. I can identify ways in which friends have both similarities and differences

R23. about why someone may behave differently online, including pretending to be someone they are not; strategies for recognising risks, harmful content and contact; how to report concerns

Lesson 3

L.O. I know how to play and work cooperatively in different groups and situations

R25. recognise different types of physical contact; what is acceptable and unacceptable; strategies to respond to unwanted physical contact

Lesson4

L.O. I can share my ideas and listen to others, take part in discussions, and give reasons for my views

TARGET TRACKER LINKS – Personal and social

Share his/her own considered points of view and listen to, and consider, other people's opinions

Offer solutions when there are disagreements between friends

Recognise the challenges that parents can have when bringing up children